

Twizza

E-C-M
EASTERN CAPE MOTORS

Coastal
HIRE

NEDBANK

RED ALERT
EMS

Crickley
It's the way
dairy should be.

Gonubie Main Road
FRESH
STOP
fill up, fresh up!

CONNEXIONS

COPY WORLD
DESIGN & PRINT HOUSE

Faith
BROADCASTING NETWORK

Link FM
EAST LONDON 97.1 FM KING WILLIAMS TOWN 92.1 FM
DSTV MUSIC CHANNEL 375 STREAMING WWW.LINKFM.CO.ZA

KIDZONE
"Helping Children Live Their God Given Purpose."

Silver Seed
Farm

river
east london

RIVER
SPAS

RIVER
HOTELS



COOL SUMMER Run



Prizes for all Primary School & High School age categories.
Winning School's will get a free days team building.

Prize money for all podium finishers in the 10km
Kidz Entertainment | Music | Food Market | Lucky Draw Prizes



6 October 2018

Trail Run | 2KM, 5KM, 10KM | Silver Seed Farm | 13:00
(4km's from Python Park)



ENTRIES:

Online entries at www.riverkidzone.com
Or visit TRIBAL 11 Beach Road, Nahoon

5KM & 10KM - R120

CSR race shirts to first 300 entrants
(online 5km & 10km entry R100ea)

2KM - R60

CSR race buffs to first 100 entrants

CONTACT: 083 740 4689 | 043 711 4846 | kidzone@rivereastlondon.com | facebook.com/RiverKidzone

RACE INFORMATION:

1. The start of the 10km trail race is at 13:00 (R120 per entry)
2. The start of the 5km trail race is at 13:05 (R120 per entry)
3. The start of the 2km kiddies race is at 13:10 (R60 per entry)
4. **REGISTRATION** for ALL races are available at Tribal 11 Beach Road, Nagoon. Entry forms are also available on the Kidzone website www.riverkidzone.com (online 5km & 10km entries are R100 per entry)
5. There will be refreshment stations provided along the 2km, 5km & 10km routes.
6. Prize giving will take place as soon as all the runners have completed the race. All athletes who complete the race, provided they are present, will be eligible for lucky draw prizes.
7. Prize winners please respect the sponsors & organisers by being present at Prize Giving.
8. **EFT PAYMENT: Account name:** Kidzone / **Bank:** Standard Bank / **Branch Code:** 051001 / **Branch:** East London / Savings Acc / **Account no:** 085 802 379.
Please use your name as reference when paying by EFT.
Email entry & proof of payment to: kidzone@rivereastlondon.com
All entries can collect their race packs and shirts from 3rd and 4th of October from 14:00 – 17:00. Only the first 300 entrants for the 5km & 10km will receive a CSR race shirt. The first 100 entrants for the 2km will receive a CSR buff.
9. Online registration closes 1st October at 16:00, but entries can still be made at Tribal between race pack collection times from 14:00 – 17:00.
10. Late Entries can be made on the day of the race, 6 October, between 11:00 - 12:00. Late Entry Fee 5km & 10km of R150 and 2km of R90 will apply per athlete.

RACE RULES:

1. Competitors can familiarise themselves with the race route which is available on the Kidzone website www.riverkidzone.com and the River Kidzone Facebook page, [Facebook.com/RiverKidzone](https://www.facebook.com/RiverKidzone) or email kidzone@rivereastlondon.com
2. Entrants for the 10km must be 15 years or older on race day.
3. Run under the rules and regulations of Border Athletics & ASA.
4. All competitors racing in the X-Country Schools Championship need to be racing in their School X-Country uniforms as required when racing for the School (Primary/High).

PLEASE INDICATE YOUR PREFERRED T-SHIRT SIZE:

XS	S	M	L	XL	XXL	
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FIRST NAME:	ATHLETIC CLUB/SCHOOL:
SURNAME:	EMAIL:
DATE OF BIRTH:	CELL NUMBER:
SEX MALE/FEMALE:	ID NUMBER:
CATEGORY 2km, 5km or 10km:	AGE:

Signature of Entrant.....

Parent or Guardian.....

(If entrant is under the age of 18 years, the signature of the parent or guardian is required). I agree not to hold the Kidzone "Cool Summer Run" Committee or any sponsors, or any person assisting in the organisation of holding/hosting of the race liable for any injury or illness, which I may suffer directly or indirectly as a result of participating in the race or for any damages or loss of property which I may suffer directly or indirectly as a result of participating in the race. I confirm that this special agreement is entered into for the benefit of the Kidzone "Cool Summer Run" or any sponsors, or any person assisting in the organisation of holding/hosting of the race. I agree to allow the organisers & sponsors of this event to use my email address or contact number to communicate race/event news, photographs, and video footage taken to be used for promotional purposes.